

# The PermaDunbar Spiral

The PermaDunbar Spiral Categories:

- a. kin/close friends (5)
- b. super family (20)
- c. clan (25)
- d. tribe (100)

Definition for placing people along the spiral:

People who you have frequent

person-to-person contact with whom you

1. feel you can tell them anything,
2. know you can count on them anytime, and
3. who listen to you and share with you

The strongest candidates are placed closest to the center and those placed furthest away from the center should be people you have (or maybe have not) met in person with whom you have some communication.

